

Atlantic Coast Seafoods inc.

atlanticcoastseafoods.ca

#3 - 101, First Avenue, Spruce Grove, AB. T7X 2H4

Ph. 780.960.0669 or toll free 1-888-960-0669

Complimentary Shopping List

Fish

- Trout - Steelhead
- Salmon Fillets
- Salmon Steaks
- Whole Salmon
- Haddock
- Sole
- Cod
- Ocean Perch
- Halibut
- Baby Halibut fillets
- Cod Tongues & Cheeks
- Halibut Cheeks
- Mackerel
- Salt Fish - Cod
- Salt Fish Bits - Cod

Cold Smoked Fish

- Salmon
- Herring
- Cod
- Haddock
- Pollock

Smoked Fish

- Peppered & plain Mackerel
- Plain Mackerel
- Peppered & plain Salmon
- Peppered Baby Halibut
- Plain Tuna (sushi grade)
- Peppered & plain Trout

Value Meals - meals ready to go!

- Calamari Strips
- Fish Cakes
- Crab Cakes
- Breaded Scallops
- Seafood Pasta

Shell Fish

- Shrimp Raw - various sizes
- Shrimp Cooked - various sizes
- Tiger Shrimp Raw - various sizes
- Shrimp on Skewer
- Half Shell Oysters
- Snow Crab Clusters
- Snow Crab Cocktail Claws
- King Crab
- Clam Meat
- Steamer Clams
- Mussels
- Bar Clams Meat
- Little Neck Clams
- Scallops
- Crab Meat
- Lobster Meat
- Lobster Tail
- Cooked Lobster
- Live Lobster

Home Made Spreads

- Smoked Salmon
- Lobster
- Crab
- Shrimp

Solomon Gundy

- Plain — Dill — BBQ

Canned Products

- Mackerel — Herring

- Breaded Clams
- Bar Clams on Shell
- Scallop Burgers
- Chowders - Clam & Seafood
- Frozen Products

The Atlantic's best... brought to the West